



Volunteer Role: Independent Age Information Champion

Location: Nationwide (you will volunteer in your local area)

Time Commitment: Flexible

Age requirements: 18+

About Independent Age

Independent Age is a national charity founded over 150 years ago with a clear mission to ensure that as we grow older, we all have the opportunity to live well with dignity, choice and purpose.

We achieve this by providing free impartial information and advice on the issues that matter most as we grow older, and work within communities to connect people, places and services to reduce isolation and loneliness. We also act as a catalyst for positive policy change by challenging the underlying causes of discrimination and inequality.

At Independent Age we live by our values. We are;

Purpose-driven - *the experience, needs and views of older people are central to everything we do*

Compassionate - *we listen, care and take action*

Expert - *our work is evidence-based and solution-focused*

Collaborative - *we work in partnership to maximise our impact*

Accountable - *we work with integrity and transparency*

Inclusive - *we value diversity and always treat everyone fairly with dignity and respect*

About the role

In this role you will spread the word about Independent Age and its Information and Advice services in your local area. This could be by distributing our information and advice guides in places in your local community, or by attending local events with our information resources. We want to ensure that as many people as possible have access to our award-winning information and advice resources and this role will be crucial in letting people in your community know about everything that we do. This role is completely flexible to suit you and how much you do is completely up to you.

This role involves

- A quick and straightforward application process so you can get started right away.
- Researching places in your local community to distribute our information guides.
- Building networks in your community.
- Distributing the guides in your local community, for example in local libraries, community centres, GP surgeries, on notice boards, in shops or cafes or other public places.
- Connecting with our network of volunteers, including other Information Champions,

through our Facebook Group and virtual events._

- Attending drop-in sessions designed to specifically support you in your role.

Benefits to you

- Meeting new people
- Making a difference and feeling more connected to your community
- Developing new skills and experiences
- Helping others
- Being part of something

We will do everything we can to help you get the most out of your volunteering and to make sure that your time as an Independent Age volunteer is enjoyable. Please let us know if there is something in particular that you would like to get out of your volunteering, and we will do all that we can to support this.

Key skills required:

- Good communications skills
- Happy to work as part of a team either in person or remotely
- Basic IT skills

Training

- Training and development opportunities will be provided by Independent Age
- All volunteers are required to complete essential training to ensure that they are confident and supported in their role.
- We want all volunteers to feel happy and confident in their role and so if there is any additional training that would be useful to you in your role then please let us know.