



# Improve the lives of older people

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For millions of older people in the UK, retirement isn't what they expected it to be. One in six pensioners are living below the official poverty threshold, and another one million are on the edge of poverty, facing issues of multiple health problems, a care crisis or social isolation. With the cost of living soaring, our Independent Age Helpline can be a huge help to an older person's life.

Thabani, 72, knows this first-hand. The retired nurse worked in critical care for 50 years. Unable to pay the bills on her State Pension alone, and with the bank threatening to repossess her home, Thabani contacted our Helpline. She discovered she was entitled to an extra £600 per month in benefits. "I wouldn't have known unless I'd called," she said. "Without Independent Age, I would be homeless."