



Distributing our information guides and resources in the community

- We want to get our award-winning guides into the hands of as many people as possible. Have a think about the areas in your community which are most commonly accessed by people, thinking especially about those who may particularly benefit from reading our guides.

Remember to first ask permission from the owner of the premises before you distribute our guides.

- We've listed below some ideas of places to distribute our guides but please do not hesitate to contact us if you would like any further support. Our contact details are at the bottom of the page.

Ideas of places to distribute our guides:

Libraries
Community Centres
GP Surgeries/Health Centres/Hospitals/Dentists
Shops/supermarkets
Religious Centres
Community Organisations
Garden Centres
Community Centres
Hair dressers
Leisure Centres
Council offices

- Remember to let us know when you have distributed our guides in a location by filling out the Activity Form. It's useful for us to know where our information guides are, particularly if we get calls from

people who have contacted us for advice because of picking up one of the leaflets.

- As well as contacting the volunteer team for support you may also find it useful to attend one of our weekly drop-in sessions. These sessions will provide the opportunity to meet other Information Champions and to ask us any questions as well as pick up any useful tips from other volunteers.
- Remember you can always contact the volunteering team on: 020 7605 4255 or by email: InfoChampVolunteer@independentage.org