

My medication and treatment



Before your appointment

Make a list of any medication or other treatment you're already having

Medication I'm taking (prescription and non-prescription)

Other treatment I'm having

Questions to ask

Are there any alternatives to this treatment?

What treatments do you recommend?

Questions to ask at medical appointments – medication and treatment (continued)

Are there any side effects or risks of this treatment/medication?

What are the benefits of this treatment/medication?

When will my treatment start?

How will I know if the treatment/medication is working?

What would happen if I stopped having this treatment/medication?

What should I do if I miss a dose?

Do I need to make any changes to my lifestyle while I'm having this treatment (eg diet, alcohol, exercise)?

Questions to ask at medical appointments – medication and treatment
(continued)

Is it okay to take other things with it – for example, painkillers,
indigestion tablets, vitamin supplements?

How long will I need to take this treatment/medication for?

Who should I contact if there is a problem or I have any questions?