Independent Living for Older People

A new way of supporting older people to live independently in Essex.
Our vision for Essex

ECC believe that older people with a care need (and their support networks) should benefit from:

- Increased independence
- Aspirational choices
- Clearly understanding the options available to them
- Peace of mind
- Remaining living within their existing communities.
The additional positive impacts of a Independent living scheme:

- Couples can stay together
- Older people are able to maintain their smaller homes, complete with facilities, neighbours, gardens, parking and importantly healthcare.
- Families are able to visit freely.
- Larger houses become available for younger families.
- Benefits in service delivery by Health and Social Care and reduced costs.
Why choose Independent Living?

• “I have my own front door – I decide who comes in”

• “I can rely on 24 hour care and support if there is an emergency”

• “We feel more secure knowing that we have planned for our future.”

• “I live closer to the shops and feel more independent”

• “I can stay living together with my partner, who has a care need”

• “We’ve downsized to a smaller, attractive home that is more suited to our needs”

• “I feel less of a burden on my children”

• “I’m more active and have met new people”
Situation – Summer 2014

• 360 existing Units – Extra Care
• No consistent model of delivery

• Question
• Why, given the accepted benefits to the service users and councils, wasn’t more development coming forward?
• What could we do to increase the amount of development coming forward?
# Six Key Factors to Accelerating Delivery

<table>
<thead>
<tr>
<th>FACTOR</th>
<th>OUTCOME</th>
</tr>
</thead>
<tbody>
<tr>
<td>DEFINITION</td>
<td>A precise explanation of the purpose, eligibility and features of Independent Living.</td>
</tr>
<tr>
<td>DEMAND</td>
<td>Demographic demand articulated by ECC and endorsed by Districts.</td>
</tr>
<tr>
<td>DELIVERY MODEL</td>
<td>Most effective delivery models identified and tested</td>
</tr>
<tr>
<td>CARE</td>
<td>Care model identified and being tested.</td>
</tr>
<tr>
<td>RENTS</td>
<td>Appropriate and affordable rent levels</td>
</tr>
<tr>
<td>PLANNING</td>
<td>Embedding in the Districts planning policies and procedures the demands for Independent Living.</td>
</tr>
</tbody>
</table>
• For people aged 55+
• Attractive, self-contained housing. A mixture of 1 and 2 bed apartments
• 24/7 care and support should be based on the site
• Scheme size typically from 60-300 units
• Ideally schemes would be in a large town or large village in close proximity to public transport links to access a larger urban center.
• Broadly, an even balance of low or no care need (0 – 9 hours/week), medium care need (10 – 15 hours/week) and high care need (15+ hours/week) should be maintained.
• Care delivered through direct payments
Demand

• Move away from National equations of need
• Look at actual service users receiving care and current practice
• Build in District differences
• Apply growth estimations

• Position statement showing demand by tenure type and district
• Target of 1800 residents in new units of Independent Living; 43% rented and 57% owned within 5 years
Delivery Model(s)

Delivery model is dependent on source of land

• The grant funding model supports delivery of schemes being brought forward by developer/providers on land that they have sourced

• A developer/provider framework that will be used to efficiently appoint developer/providers to take forward schemes on land owned by the public sector.
Capital and Revenue

• Investment agreed of £27m over 5 years
• Average subsidy for each affordable unit circa £35,000. No subsidy assumed for owned units
• Each unit of Independent Living (rented and owned) delivers a care cost saving
RESIDENTIAL CARE AVOIDANCE: What Happens Now

Eligible Client
(Existing Service User or New Entrant)

Crisis event

Needs assessment

60%
Domiciliary care

40%
Residential Care

Essex County Council
RESIDENTIAL CARE AVOIDANCE: Independent Living as a Service Choice

Eligible Client
(Existing Service User or New Entrant)

- Preventative advice (45%)
- Crisis event (50%)

Needs assessment

- Domiciliary care (45%)
- Independent Living (50%)
- Residential Care (5%)

Essex County Council
Current Position

- Next scheme opens in Harwich next Month
- A scheme in Walton open in March 17
- On site at scheme in Saffron Walden
- Planning achieved or submitted for 6 more
- Pipeline of 1400 units

- Embed the Change Programme

- [https://www.livingwellessex.org/at-home/finding-somewhere-to-live/independent-living-housing/](https://www.livingwellessex.org/at-home/finding-somewhere-to-live/independent-living-housing/)